Meet and stretch

STATIONS – Running Drills,

Throwing Events, Jumping events,

Relay exchanges, Starts,

and team concepts/games

**ELIGIBILITY:**

Boys and girls entering grades 4-7. Campers will be grouped by age.

**WHAT TO BRING:**

Water bottle

**CAMP CONCESSIONS:**

Cokes, Powerade, chips, candy, fruit may be

purchased at the camp concession stand

during scheduled break.

**WHAT TO WEAR**:

Shorts and comfortable running shoes

**REGISTRATION:**

Registration by mail or

at the AHS track

on Tuesday June 10, starting at 7:45 a.m.

**COST**:

$75 per camper

 $60 per camper with two or more from the same family

**AHS Track and Field CAMP**

**TYPICAL DAY OF CAMP**

**Registration**

Name

Age Grade (2015-2016)\_

Address

City State

Zip Phone

T-Shirt Size:

Make checks payable to

# Auburn City Schools - Athletics

Mail to:

Athletic Director’s Office

Auburn City Schools

P. O. Box 3270

Auburn, AL 36831-3270

Or bring by the ACS Athletic Office located on the campus of Auburn High School

**Limited space available - send your form in early!**

**For Parent/Guardian:** I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

give permission for\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

to participate in all planned camp activities. I waive Auburn

High School, Auburn City Board of Education, and the staff

from any responsibility should my child incur an injury while

participating in camp activities.

**LOCATION**

Auburn High School

 AHS Track Facility

Behind Basketball gym and Baseball field

**DATES:**

Tuesday through Saturday

June 16-20, 2015

8:00 a.m.-11:00 a.m. (Tues – Fri)

Camp Meet on Saturday at 8:00 a.m. for all registered participants

**PURPOSE:**

To teach fundamentals and training for running, throwing, and jumping events.

**INSTRUCTORS:**

AHS Track Staff:

Dan Norton LaDextric Oliver

AJHS Staff: Kamal Harris